

NJL Southern Premier Div Round:2 RESULTS  
 Eton, TVAC, Sun 23 May 2010

M 100m A	Wind -0.2 m/s	M 100m B	Wind -0.8 m/s
1 Alex Ojo	WSE 10.83	1 Ainsley Campbell	B&B 11.27
2 Jordan Arther	E&H 10.89	2 Tom Evans	WSE 11.43
3 Antonio Infantino	SBH 11.10	3 Savion Williams	W&E 11.46
4 James McLachlan	NOR 11.26	4 Domonic Jackson	SBH 11.47
5 Ryan Harding	HRW 11.40	5 Jordan Duvigneau	HRW 11.58
6 Keiren Daly	B&B 11.40	6 Leon Holmes	U17 SXN 11.64
7 David Olupitan	W&E 11.42	7 Reece Noonan	E&H 30.00
8 Deji Akande	SXN 13.08		

M 200m A	Wind -0.7 m/s	M 200m B	Wind -2.2 m/s
1 Antonio Infantino	SBH 21.95	1 Reece Noonan	E&H 22.51
2 Alex Ojo	WSE 22.20	2 Ashley Fry	WSE 22.90
3 Jake King	E&H 22.30	3 David Olupitan	W&E 23.17
4 Omololu Abiodun	W&E 22.72	4 Stefan Greenidge	HRW 23.27
5 Curtis Blake	HRW 22.88	5 Domonic Jackson	SBH 23.44
6 James McLachlan	NOR 23.08	6 Jonathan Pettit	U17 B&B 23.47
7 Kieren Daly	B&B 23.10	7 Robert Graham	SXN 24.60
8 Deji Akande	SXN 23.34		

M 400m A		M 400m B	
1 Stewart Challis	WSE 49.01	1 Stefan Richards	WSE 50.06
2 Austin Joseph	W&E 49.63	2 Luke Daniel	E&H 52.18
3 Ainsley Campbell	B&B 49.67	3 Reece Morgan	SBH 52.97
4 Darren Corbin	E&H 50.16	4 Tom Larkin	W&E 53.21
5 Tyson Oladokun	HRW 50.59	5 Ben Parkin	B&B 54.35
6 Jordan Aromasodu	SBH 50.98	6 Nick Davis	U17 HRW 55.56
7 Chris Marshall	NOR 57.23	7 Ben Stratton	NOR 56.28
8 Michael Sturgeon	SXN 58.06		

M 800m A		M 800m B	
1 Nick Lingley	WSE 1.53.07	1 Josh Moss	WSE 1.57.56
2 Omar Mansour	W&E 1.55.89	2 Kieran Moreland	SBH 2.04.98
3 Charles Gunning	SBH 1.59.68	3 Robert Yates	U17 B&B 2.06.72
4 Tim Byford	SXN 2.02.16	4 Sam Benge	U17 W&E 2.07.76
5 Jani Rajkumar	U17 HRW 2.02.65	5 Dean Scott	E&H 2.11.27
6 Stephen Cavey	B&B 2.04.22	6 Riz Malik	U17 HRW 2.17.12
7 Robert Christou	E&H 2.04.45		
8 Jack Harrison	U17 NOR 2.04.99		

M 1500m A		M 1500m B	
1 Niall Fleming	SBH 3.59.55	1 Joe Sheery	E&H 4.09.04
2 Elliott Woolmer	WSE 4.05.80	2 Ricky Harvie	U17 WSE 4.12.19
3 Alex Jones	E&H 4.06.31	3 James Stockings	U17 W&E 4.19.97
4 Andrew Holliman	U17 HRW 4.10.81	4 Matthew McLaughlin	U17 SBH 4.35.58
5 Darren Southcott	W&E 4.13.64	5 Jonathan Halls	B&B 4.37.13
6 Chris Youell	SXN 4.19.73	6 Tom O'Dowd	U17 HRW 4.38.14
7 Robert Yates	U17 B&B 4.32.43		

M 3000m A		M 3000m B	
1 Michael Callegari	U17 SBH 9.09.72	1 Euan Mackenzie	SBH 9.14.07
2 Michael Christeferou	E&H 9.24.44	2 Dean Scott	E&H 9.41.54
3 Dalton McGuigan	U17 HRW 9.43.55	3 Sam Jackson	U17 B&B 10.36.38
4 Cameron Smart	WSE 9.48.69	4 Jonny Dry	U17 WSE 10.48.47
5 Sam Benge	U17 W&E 10.16.66		
6 Tom Greenhill	U17 B&B 10.27.15		
7 Jack Harrison	U17 NOR 10.58.45		

M 110mH A	Wind -0.4 m/s	M 110mH B	Wind -0.8 m/s
1 Blade Ashby	U17 SBH 15.02	1 Alex Lee	SBH 15.05
2 Ashley Bryant	WSE 15.09	2 Daniel Miller	E&H 15.06
3 Anthony Ekundayo	E&H 15.51	3 James Senior	NOR 18.18
4 Bradley Reed	SXN 15.70	4 Toby Corton	W&E 19.13

5 Craig Hart W&E 16.19  
6 Chris Marshall NOR 18.63

M 400mH A  
1 Ashley Fry WSE 54.16  
2 Alex Lee SBH 56.81  
3 Ben Parkin B&B 57.95  
4 Ben Philips W&E 58.71  
5 Luke Daniel E&H 58.71  
6 Chris Marshall NOR 61.04

M 400mH B  
1 John Pride W&E 56.64  
2 Paul Cave WSE 57.07  
3 Matthew McLaughlin U17 SBH 58.91  
4 James Senior NOR 59.70  
5 Tom Fallon E&H 64.86  
6 Mark Longhurst B&B 68.11

M 2000m Sc A  
1 James Senior NOR 6.06.28  
2 Khalid Al-Abaidy WSE 6.20.55  
3 Jack Perry-Williams SBH 6.27.67  
4 Daniel Yaxley W&E 6.48.90  
5 Tom Fallon E&H 7.00.19  
6 Tim Byford SXN 7.21.28  
7 Sam Jackson U17 B&B 8.00.21

M 2000m Sc B  
1 Nathan Ditton WSE 6.25.20  
2 Ben Stratton NOR 6.34.40  
3 Daniel Abrey SBH 6.53.64  
4 Dean Scott E&H 7.00.44  
5 Tom Greenhill U17 B&B 8.24.63

M Discus Throw A  
1 Anthony Oshobi W&E 48.03  
2 Ryan Barrett WSE 43.27  
3 Tom Peacock SBH 42.35  
4 Kiaran Hines E&H 33.61  
5 Samuel Brown B&B 31.73  
6 Danny Clayton U17 NOR 29.03  
7 Theo Moore U17 SXN 23.48  
8 Arshi Hashemi HRW 21.37

M Discus Throw B  
1 Ashley Bryant WSE 43.23  
2 Youcef Zatat U17 W&E 42.41  
3 Greg Thompson U17 SBH 40.33  
4 Jay Hill E&H 33.31  
5 Callum Brown U17 NOR 27.04  
6 Mark Longhurst B&B 24.28  
7 Stefan Greenidge HRW 12.93

M Hammer Throw A  
1 Jay Hill E&H 59.97  
2 Jake Haylock B&B 52.97  
3 Callum Brown U17 NOR 50.50  
4 Harry Keeler HRW 42.82  
5 Anthony Oshobi W&E 42.14  
6 Teo Kubiena U17 WSE 41.94  
7 Tom Peacock SBH 40.73

M Hammer Throw B  
1 Danny Clayton U17 NOR 42.85  
2 Mark White WSE 39.00  
3 Greg Thompson U17 SBH 31.19  
4 Jordan Henwood E&H 28.59  
5 Youcef Zatat U17 W&E 21.49

M High Jump A  
1 Gregor Maclean SBH 1.98  
2 Billy Falconer W&E 1.90  
3=Harry Rogers B&B 1.85  
3=Jay Hill E&H 1.85  
5 Adam Howard NOR 1.75  
6=George Dupree U17 HRW 1.70  
6=Russell Waterson U17 WSE 1.70

M High Jump B  
1 Blade Ashby U17 SBH 1.90  
2 Peter Karibo W&E 1.80  
3 Anthony Ekundayo E&H 1.65  
4 Mark Longhurst B&B 1.60  
5 Ryan Howard U17 NOR 1.55

M Javelin Throw A  
1 Ashley Bryant WSE 62.39  
2 Tom Richard W&E 49.81  
3 Samuel Brown B&B 43.37  
4 Gregor Maclean SBH 43.21  
5 Kyle Meadows U17 HRW 36.16  
6 Callum Brown U17 NOR 34.87  
7 Reece Noonan E&H 26.89

M Javelin Throw B  
1 Leigh Bosson WSE 39.01  
2 Reece Morgan SBH 38.29  
3 Jonathan Pettit U17 B&B 32.10  
4 Ben Philips W&E 31.16  
5 George Dupree U17 HRW 19.81  
6 Jordan Arther E&H 14.57  
7 Jack Harrison U17 NOR 8.69

M Long Jump A  
1 Jermaine Olosah B&B 7.35  
2 James McLachlan NOR 7.03  
3 David Harvey WSE 6.81  
4 Matty Sadoh HRW 6.30  
5 Adam Carpenter SBH 6.24  
6 Peter Karibo W&E 5.97  
7 Errol Houston E&H 5.47  
8 Robert Graham SXN 3.51

M Long Jump B  
1 Ashley Bryant WSE 6.59  
2 Alex Lee SBH 6.13  
3 Kevin Bangato B&B 5.98  
4 Adam Howard NOR 5.55  
5 Philip Whittaker E&H 4.78  
6 Savion Williams W&E 4.32

M Pole Vault A				M Pole Vault B			
1	Gregor Maclean	SBH	4.80	1	Mark Longhurst	B&B	3.95
2	Charlie Smith	U17	WSE 4.50	2	Simon Duncan	E&H	3.35
3	Samuel Brown		B&B 4.10	3	Daniel Ditton	U17	WSE 3.05
4	Jordan Henwood		E&H 4.10	4	Marc Rister	U17	HRW 3.05
5	Anthony Knowles	U17	HRW 3.50				
M Shot Putt A				M Shot Putt B			
1	Anthony Oshobi		W&E 17.00	1	Youcef Zatat	U17	W&E 11.81
2	Ashley Bryant		WSE 12.99	2	Samuel Brown		B&B 10.94
3	Danny Clayton	U17	NOR 12.05	3	Ryan Barrett		WSE 9.77
4	Jay Hill		E&H 11.84	4	Kiaran Hines		E&H 9.22
5	Ellis Zorro		B&B 11.40	5	James Senior		NOR 8.34
6	Greg Thompson	U17	SBH 10.85				
7	Matty Sadoh		HRW 10.29				
8	Theo Moore		SXN 6.96				
M Triple Jump A				M Triple Jump B			
1	James Okeyemi		HRW 14.70	1	Efe Uwaifo		HRW 12.43
2	Julian Allwood		E&H 14.37	2	Luke Holmes	U17	WSE 11.62
3	Darnte Jay Wilson		SBH 13.74	3	Tom Powell		B&B 10.86
4	Jonny Sawyers		WSE 13.59	4	Toby Corton		W&E 10.68
5	Kevin Bangato		B&B 13.45	5	Tariiq John-Clarke		SBH DNSCR
6	Robert Graham		SXN 13.23	6	Leo Lungren		E&H DNSCR
7	Peter Karibo		W&E 13.02				
8	Adam Howard		NOR 11.67				
W 100m A				W 100m B			
			Wind +0.1 m/s				Wind -0.8 m/s
1	Georgia Lamothe		WSE 12.19	1	Charlotte Wingfield	U17	E&H 12.42
2	Uzona Nwachuknu	U17	E&H 12.23	2	Chisom Nwachukwu	U17	SBH 12.45
3	Amara Lalemi Jacobs	U17	B&B 12.56	3	Chloe Mays		WSE 12.55
4	Clarice Underwood		SBH 12.71	4	Grace Sheppard		B&B 12.88
5	Chloe Michaud	U17	W&E 12.79	5	Alexandra Wilson	U17	W&E 13.96
6	Katie Swift	U17	SXN 13.40	6	Sarah Kett	U17	NOR 13.97
7	Dymond Smith		HRW 13.80	7	Jessica Nolan	U17	HRW 14.28
8	Jenny Milligan		NOR 13.86				
W 200m A				W 200m B			
			Wind +1.1 m/s				Wind -1.6 m/s
1	Chisom Nwachukwu	U17	SBH 24.94	1	Charlotte Wingfield	U17	E&H 25.85
2	Uzona Nwachuknu	U17	E&H 25.14	2	Clarice Underwood		SBH 27.04
3	Georgia Lamothe		WSE 25.25	3	Katie Swift	U17	SXN 27.49
4	Georgina Middleton	U17	B&B 26.9	4	Laura Green		NOR 27.50
5	Caroline Hill		SXN 27.58	5	Charlotte Colegate	U17	B&B 27.62
6	Jenny Milligan		NOR 29.04	6	Laura Suggitt	U17	WSE 28.61
7	Alexandra Wilson	U17	W&E 29.12	7	Sian Leatham	U17	W&E 32.38
W 400m A				W 400m B			
1	Leah Barrow		WSE 57.64	1	Kiera Mooney	U17	NOR 59.61
2	Krystal Galley		B&B 57.90	2	Katie Brown	U17	E&H 60.52
3	Amy McDonald		E&H 61.01	3	Laura Suggitt	U17	WSE 63.09
4	Sophie Fuhr	U17	W&E 62.68	4	Jessica Moore	U17	B&B 67.17
5	Hannah Johnson		SBH 62.81	5	Molly Patch	U17	SBH 72.07
6	Freya Bell		NOR 63.76	6	Chelsea Ives		W&E 74.63
7	Caroline Hill		SXN 65.50				
8	Jessica Nolan	U17	HRW 73.25				
W 800m A				W 800m B			
1	Melissa Courtney		SBH 2.14.29	1	Bex Myers		WSE 2.20.84
2	Lois Bond		WSE 2.16.51	2	Katie Tuttlebury		SXN 2.23.07
3	Danni Seddon		E&H 2.18.05	3	Anna Sharrock		E&H 2.24.60
4	Philippa Lowe		HRW 2.19.03	4	Jessica Jones	U17	B&B 2.24.68
5	Amy De Matos		B&B 2.22.10	5	Emmy Yatagai	U17	SBH 2.43.60
6	Sophie Johnson	U17	SXN 2.23.78	6	Lauren Freeman	U17	W&E 2.47.59
7	Sidnie Sales		W&E 2.27.54				
8	Juliet Broster	U17	NOR 2.29.08				

W 1500m A			W 1500m B		
1	Melissa Courtney	SBH 4.43.44	1	Nastassja Potieger	U17 NOR 5.02.14
2	Iona Lake	NOR 4.44.13	2	Katie Brown	U17 E&H 5.06.00
3	Leigh Lattimore	HRW 4.49.54	3	Molly Patch	U17 SBH 5.07.07
4	Rebecca O'Neil	U17 SXN 4.56.88	4	Jessica Jones	U17 B&B 5.17.75
5	Danni Seddon	E&H 5.04.03	5	Rosie Adams	U17 WSE 5.29.35
6	Danielle Critchley	B&B 5.12.81	6	Chelsea Ives	W&E 7.06.77
7	Alyssa Spitzer	U17 WSE 5.23.06			
8	Becky Hewitt	W&E 5.33.74			
W 3000m A			W 3000m B		
1	April Hogg	E&H 10.42.1	1	Ciara Stewart	U17 SBH 11.11.29
2	Isobel Thompson	U17 SBH 10.52.16	2	Grace Bird	U17 NOR 12.07.19
3	Alice Wills	U17 WSE 11.10.95	3	Melody Kane	B&B 12.20.28
4	Mabel Beckett	U17 NOR 11.15.45	4	Hannah Barefield	WSE 12.40.21
5	Becky Hewitt	W&E 11.19.82			
6	Michelle Fewster	B&B 11.54.90			
W 100mH A			W 100mH B		
		Wind +0.1 m/s			Wind +0.0 m/s
1	Sandra Seaton	WSE 14.79	1	Cat Hall-Jones	WSE 16.26
2	Charlotte Cattermole	SXN 15.62	2	Zoe Levin	SBH 17.06
3	Nenisha Nelson Roberts	B&B 16.16	3	Freya Bell	NOR 19.19
4	Dymond Smith	HRW 16.77	4	Rebecca Smith	B&B 20.72
5	Jenny Milligan	NOR 18.05	5	Francesca Herbert	W&E 20.96
6	Imogen Stranis-Oppler	SBH 20.45			
7	Holly Pattie-Belleli	U17 W&E DNF			
W 400mH A			W 400mH B		
1	Hayley McLean	U17 SXN 62.61	1	Emily Barrett	WSE 65.39
2	Laura Burke	WSE 62.94	2	Freya Bell	NOR 68.45
3	Dymond Smith	HRW 67.66	3	Sophie Fuhr	U17 W&E 69.12
4	Chelsea Crouser	B&B 67.87	4	Sarah Driver	U17 E&H 70.69
5	Zoe Levin	SBH 67.91	5	Rachel Robinson	U17 B&B 70.83
6	Holly Pattie-Belleli	U17 W&E 70.04			
7	Anna Sharrock	E&H 74.12			
W 1500m Sc A			W 1500m Sc B		
1	Amy Talbot	E&H 5.11.06	1	Zoe Levin	SBH 5.54.36
2	Victoria Walker	SBH 5.22.57	2	Anna Sharrock	E&H 6.09.61
3	Rebecca Smith	B&B 6.03.79	3	Lauren Freeman	U17 W&E 6.46.69
4	Susannah Ditton	WSE 6.09.74			
5	Kate Stockings	W&E 6.12.79			
6	Emma Burroughs	SXN 7.06.24			
7	Freya Bell	NOR 7.07.79			
W Discus Throw A			W Discus Throw B		
1	Samantha Milner	B&B 40.83	1	Ellie Duffy Penny	U17 B&B 31.62
2	Helen Broadbridge	SBH 35.96	2	Georgina Howe	SXN 29.92
3	Laura James	WSE 34.30	3	Kayomie Thompson	U17 SBH 26.83
4	Chelsea Coker	SXN 34.14	4	Iyabo Adekunle	U17 E&H 20.88
5	Elycia Metaxas-Belt	W&E 32.47	5	Harriet Hillson	WSE 19.91
6	Amy Johnson	U17 E&H 29.36	6	Kiera Mooney	U17 NOR 19.42
7	Jenna Cannell	NOR 24.27			
8	Ria Bailey	HRW 12.94			
W Hammer Throw A			W Hammer Throw B		
1	Helen Broadbridge	SBH 46.78	1	Georgina Howe	SXN 43.03
2	Jenna Cannell	NOR 44.50	2	Ellie Norris	U17 WSE 33.04
3	Nasya Harvey	WSE 43.53	3	Georgina Cousins	U17 B&B 24.85
4	Chelsea Coker	SXN 43.52	4	Iyabo Adekunle	U17 E&H 23.25
5	Amy Johnson	E&H 36.08	5	Kayomie Thompson	U17 SBH 16.67
6	Samantha Milner	B&B 28.08	6	Holly Slater	NOR 15.96
7	Amy Larkin	W&E 21.35	7	Alexandra Wilson	U17 W&E 13.55
8	Ria Bailey	HRW 12.67	8	Sharon Ogo-Uzodike	U17 HRW 5.85

W High Jump A			W High Jump B		
1 Beth Grimsey	U17	E&H 1.65	1=Charlotte Malton		SXN 1.55
2 Sam Moodie		W&E 1.60	1=Chloe Michaud	U17	W&E 1.55
3 Charlotte Shelley	U17	SXN 1.55	3 Zoe Levin		SBH 1.45
4 Christine Lyston	U17	B&B 1.50	4 Chelsea Crouser		B&B 1.40
5=Sharon Ogo-Uzodike	U17	HRW 1.50	5 Holly Slater		NOR 1.35
5=Patricia Mbata	U17	SBH 1.50	6 Jo Willard	U17	E&H 1.35
7 Chloe Smith		NOR 1.50	7 Emily Barrett		WSE 1.30
8 Letisha Richardson		WSE 1.40			
W Javelin Throw A			W Javelin Throw B		
1 Laura McDonald	U17	NOR 39.73	1 Nicole Cara		SBH 26.62
2 Hannah Johnson	U17	WSE 36.40	2 Jenna Cannell		NOR 25.54
3 Bethanie Griffiths	U17	SXN 31.33	3 Ellie Duffy Penny	U17	B&B 25.38
4 Helen Broadbridge		SBH 28.27	4 Beth Grimsey		E&H 22.66
5 Elouise Edwards	U17	B&B 27.51	5 Hailey McLean	U17	SXN 18.76
6 Sharon Kazinga	U17	E&H 26.55	6 Rachel Dean		W&E 16.75
7 Elycia Metaxas-Belt		W&E 26.50	7 Laura Burke		WSE 12.95
8 Amy Wentford	U17	HRW 11.24	8 Ria Bailey		HRW 9.46
W Long Jump A			W Long Jump B		
1 Lauren Stevens	U17	B&B 5.26	1 Jessica Moore	U17	B&B 4.78
2 Abi Holman		HRW 5.14	2 Letisha Richardson		WSE 4.59
3 Rachel Dean		W&E 5.08	3 Phoebe Last	U17	SXN 4.50
4 Charlotte Shelley	U17	SXN 5.03	4 Ronan McKenzie	U17	W&E 4.35
5 Laura McDonald	U17	NOR 4.71	5 Sarah Kett	U17	NOR 4.23
6 Clare Hing		WSE 4.62	6 Jessica Nolan	U17	HRW 4.19
7 Emmy Yatagai	U17	SBH 4.17	7 Patricia Mbata	U17	SBH 3.92
8 Amy Talbot		E&H 3.90	8 Mary Fesipe	U17	E&H DNSCR
W Pole Vault A			W Pole Vault B		
1 Ellie Besford		SXN 3.80	1 Nancy Epsly	U17	SXN 3.05
2 Christina Moore		B&B 3.20	2 Jo Willard	U17	E&H 2.30
3 Alice Humble		WSE 2.90	3 Sam Moodie		W&E NOHGT
4 Ashley Robertson		W&E 2.90	4 Anna Huggins	U17	B&B NOHGT
5 Beth Grimsey		E&H 2.90	5 Kirstie Lai	U17	WSE NOHGT
6 Abi Martins	U17	NOR 2.60			
7 Amy Wentford	U17	HRW 2.45			
W Shot Putt A			W Shot Putt B		
1 Chelsea Coker		SXN 10.73	1 Ellie Duffy Penny	U17	B&B 9.24
2 Samantha Milner		B&B 10.12	2 Helen Broadbridge		SBH 8.93
3 Simisola Oyesanya	U17	SBH 9.83	3 Nasya Harvey		WSE 8.58
4 Elycia Metaxas-Belt		W&E 9.81	4 Iyabo Adekunle	U17	E&H 8.37
5 Amy Johnson	U17	E&H 8.81	5=Sharon Ogo-Uzodike	U17	HRW 8.05
6 Ellie Norris	U17	WSE 8.70	5=Rachel Dean		W&E 8.05
7 Emily Butcher	U17	HRW 8.07	7 Laura Green		NOR 6.93
8 Jenna Cannell		NOR 7.81			
W Triple Jump A			W Triple Jump B		
1 Mary Fesipe	U17	E&H 10.96	1 Ronan McKenzie	U17	W&E 10.06
2 Rachel Dean		W&E 10.82	2 Jessica Moore	U17	B&B 9.51
3 Abi Holman		HRW 10.81	3 Holly Slater		NOR 8.91
4 Lauren Stevens	U17	B&B 10.73	4 Amy Wentford		HRW 8.79
5 Phoebe Last	U17	SXN 10.00	5 Jo Willard	U17	E&H 8.70
6 Laura McDonald	U17	NOR 10.00	6 Katie Swift	U17	SXN 8.46
7 Patricia Mbata	U17	SBH 9.43	7 Miriam Mohammad	U17	WSE 8.22
8 Harriet Hillson		WSE 8.72			

W 4x100m Relay

1	B&B 49.01	1 Georgina Middleton	U17	2 Amara Lalemi Jacobs	U17
		3 Charlotte Colegate	U17	4 Grace Sheppard	
2	E&H 49.62	1 Mary Fesipe	U17	2 Uzona Nwachuknu	U17
		3 Amy McDonald		4 Charlotte Wingfield	U17
3	SBH 51.17	1 Clarice Underwood		2 Imogen Stranis-Oppler	
		3 Patricia Mbata	U17	4 Chisom Nwachukwu	U17
4	WSE 51.36	1 Clare Hing		2 Cat Hall-Jones	
		3 Yvette Dickson-Tetteh		4 Georgia Lamothe	
5	SXN 52.44	1 Caroline Hill		2 Ellie Besford	
		3 Katie Swift	U17	4 Charlotte Cattermole	
6	NOR 52.90	1 Sarah Kett	U17	2 Jenny Milligan	
		3 Laura Green		4 Laura McDonald	U17
7	W&E 54.67	1 Sian Leatham	U17	2 Chloe Michaud	U17
		3 Sam Moodie		4 Alexandra Wilson	U17

W 4x400m Relay

1	WSE 3.56.93	1 Lois Bond		2 Laura Burke	
		3 Leah Barrow		4 Emily Barrett	
2	E&H 4.06.72	1 Danni Seddon		2 Amy Talbot	
		3 Amy McDonald		4 Katie Brown	U17
3	B&B 4.06.97	1 Krystal Galley		2 Amy De Matos	
		3 Jessica Jones	U17	4 Chelsea Crouser	
4	HRW 4.15.34	1 Philippa Lowe		2 Dymond Smith	
		3 Abi Holman		4 Leigh Lattimore	
5	SXN 4.17.70	1 Emma Burroughs		2 Caroline Hill	
		3 Rebecca O'Neil	U17	4 Katie Tuttlebury	
6	NOR 4.18.67	1 Juliet Broster	U17	2 Nastassja Potieger	U17
		3 Laura Green		4 Iona Lake	
7	W&E 4.22.36	1 Sophie Fuhr	U17	2 Rachel Dean	
		3 Holly Pattie-Belleli	U17	4 Kate Stockings	
8	SBH 4.24.43	1 Imogen Stranis-Oppler		2 Melissa Courtney	
		3 Victoria Walker		4 Chisom Nwachukwu	U17

M 4x100m Relay

1	E&H 43.02	1 Chijundu Ujah	U17	2 Jake King	
		3 Reece Noonan		4 Jordan Arther	
2	SBH 43.29	1 Domonic Jackson		2 Blade Ashby	U17
		3 Alex Lee		4 Antonio Infantino	
3	B&B 43.52	1 Ainsley Campbell		2 Ellis Zorro	
		3 Kieren Daly		4 Anton Daley	U17
4	HRW 44.03	1 Curtis Blake		2 Stefan Greenidge	
		3 Jordan Duvigneau		4 Ryan Harding	
5	W&E 44.75	1 Savion Williams		2 Austin Joseph	
		3 David Olupitan		4 Omololu Abiodun	
6	SXN 46.90	1 Deji Akande		2 Michael Sturgeon	
		3 Leon Holmes	U17	4 Bradley Reed	
7	WSE 47.34	1 Peter Quinnell		2 Jonny Sawyers	
		3 Stewart Challis		4 Jordan Thomas	
8	NOR 57.03	1 James McLachlan		2 Adam Howard	
		3 Ryan Howard	U17	4 Danny Clayton	U17

M 4x400m Relay

1	E&H 3.22.23	1 Darren Corbin		2 Errol Houston	
		3 Luke Daniel		4 Jake King	
2	WSE 3.22.42	1 Stefan Richards		2 Josh Moss	
		3 Paul Cave		4 Ashley Fry	
3	W&E 3.26.17	1 Peter Karibo		2 John Pride	
		3 Ben Philips		4 Omar Mansour	
4	SBH 3.31.04	1 Jordan Aromasodu		2 Blade Ashby	U17
		3 Charles Gunning		4 Alex Lee	
5	B&B 3.36.09	1 Ainsley Campbell		2 Harry Smith	
		3 Ben Parkin		4 Reuban Fakayo	

6	HRW	3.40.52	1	Jordan Duvigneau	2	Tom O'Dowd	U17
			3	Nick Davis	4	Tyson Oladokun	
7	NOR	3.51.17	1	Jack Harrison	2	Chris Marshall	
			3	James Senior	4	Ben Stratton	
8	SXN	3.53.55	1	Bradley Reed	2	Michael Sturgeon	
			3	Robert Graham	4	Chris Youell	

PRIOR STANDINGS				MATCH RESULT		LEAGUE STANDINGS					
	Event	Lge		Event	Lge		Event	Lge			
1	SBH	518	8	1	WSE	536.5	8	1	Shaftesbury Barnet H.	1024.5	15
2	B&B	515	7	2	SBH	506.5	7	2	Windsor, Slough, Eton, H'low	1014.5	14
3	WSE	478	6	3	E&H	488.5	6	3	Blackheath & Bromley H&AC	986.5	12
4	E&H	413	5	4	B&B	471.5	5	4	Enfield & Haringey AC	901.5	11
5	W&E	408	4	5	W&E	411.5	4	5	Woodford Grn & Essex Lds	819.5	8
6	NOR	368	3	6	NOR	352	3	6	City of Norwich	720	6
7	HRW	328	2	7	SXN	284	2	7	Harrow AC	599.5	3
8	SXN	300	1	8	HRW	271.5	1	8	The Saxons	584	3

**Athlete of the Match:** Anthony Oshobi WoodfordGreen Shot 17.00m  
 Ellie Besford Saxons PoleVault 3.80m

Note(s)

B&B Includes + 35pts,  
 NOR Includes + 35pts,  
 E&H Includes + 35pts,  
 HRW Includes + 35pts,  
 SBH Includes + 35pts,  
 SXN Includes + 35pts,  
 WSE Includes + 35pts,  
 W&E Includes + 35pts,

M 100m	Wind +0.6 m/s	M 100m	Wind -0.1 m/s
1 Errol Houston	E&H 11.19	1 Jake King	E&H 11.15
2 Chijindu Ujah	U17 E&H 11.23	2 Jonny Sawyers	WSE 11.36
3 Kyron Williams	E&H 11.28	3 Joel Williams	SBH 11.38
4 Ellis Zorro	B&B 11.48	4 Omololu Abiodun	W&E 11.49
5 Reuben Fakoya	U17 B&B 11.70	5 Anton Daly	U17 B&B 11.51
6 Tamouy Black	E&H 11.76	6 Mustapha Gaye	E&H 12.14
7 William Thompson	E&H 11.94	7 Newman Calderley	U17 SXN 12.44
8 Neil Holloway	U17 HRW 12.63	8 Peter Quinnell	WSE 12.79
M 200m	Wind +0.4 m/s	M 200m	Wind +1.0 m/s
1 Errol Houston	E&H 22.62	1 Chijindu Ujah	U17 E&H 23.11
2 Kyron Williams	E&H 22.99	2 Jordan Duvigneau	U17 HRW 23.44
3 Ryan Harding	HRW 23.12	3 Savior Williams	W&E 23.46
4 Tamouy Black	E&H 23.84	4 Mustapha Gaye	E&H 23.49
5 William Thompson	E&H 24.33	5 Reuben Fakoya	U17 B&B 23.67
6 Neil Holloway	U17 HRW 25.48	6 Efe Uwaifo	U17 HRW 23.77
M 400m		M Long Jump	
1 Zak Curran	U17 WSE 50.90	1 Jonny Sawyers	WSE 6.09NWI
2 Connor Vine	WSE 52.18	2 Ryan Howard	U17 NOR 4.91NWI
3 Jordan Thomas	U17 WSE 53.90		
4 Reece Surrage	E&H 54.07		
M Javelin Throw		W Pole Vault	
1 Ryan Horner	U17 WSE 41.30	1 Lauren Kennedy	SXN 2.75
2 Chris Andreou	WSE 29.69	2 Lily Guerin	U17 WSE 2.15
M 800m		M 1500m	
1 Reece Surrage	E&H 2.07.19	1 Petrou Snaipar	WSE 4.21.15
2 Jack Philp	WSE DISQ	2 Jordan Ali	NOR 4.21.21
W 400mH		W 100mH	Wind +0.0 m/s
1 Aimee Partridge	WSE 71.74	1 Yvette Dickson-Tetteh	WSE 18.77
M Triple Jump		W Long Jump	
1 Phillip Whittaker	E&H 11.47NWI	1 Elycia Metaxas-Belt	W&E 4.16NWI
W Shot Putt		M 110mH	Wind -0.8 m/s
1 Georgina Cousins	U17 B&B 8.88	1 Zach Haile	SBH 16.92
M Shot Putt			
1 Chris Andreou	WSE 9.24		

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*-----*
|      Team| B&B | NOR | E&H | HRW | SBH | SXN | WSE | W&E |      POINTS      |
|      No's| 1 11| 2 22| 3 33| 4 44| 5 55| 6 66| 7 77| 8 88|Used Waste Tot|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----+
|M 100m   A|  5|  7|  9|  6|  8|  3| 11|  4| 53|  0| 53|
|         B|  9|  0|  2|  4|  5|  3|  7|  6| 36|  1| 37|
|Cumulative| 14|  7| 11| 10| 13|  6| 18| 10| 89|  1| 90|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M 200m   A|  4|  5|  8|  6| 11|  3|  9|  7| 53|  0| 53|
|         B|  3|  0|  9|  5|  4|  2|  7|  6| 36|  1| 37|
|Cumulative| 21| 12| 28| 21| 28| 11| 34| 23|178|  2|180|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M 400m   A|  8|  4|  7|  6|  5|  3| 11|  9| 53|  0| 53|
|         B|  4|  2|  7|  3|  6|  0|  9|  5| 36|  1| 37|
|Cumulative| 33| 18| 42| 30| 39| 14| 54| 37|267|  3|270|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M 800m   A|  5|  3|  4|  6|  8|  7| 11|  9| 53|  0| 53|
|         B|  6|  0|  4|  3|  7|  0|  9|  5| 34|  3| 37|
|Cumulative| 44| 21| 50| 39| 54| 21| 74| 51|354|  6|360|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M 1500m  A|  4|  0|  8|  7| 11|  5|  9|  6| 50|  3| 53|
|         B|  4|  0|  9|  3|  5|  0|  7|  6| 34|  3| 37|
|Cumulative| 52| 21| 67| 49| 70| 26| 90| 63|438| 12|450|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M 3000m  A|  5|  4|  9|  8| 11|  0|  7|  6| 50|  3| 53|
|         B|  6|  0|  7|  0|  9|  0|  5|  0| 27| 10| 37|
|Cumulative| 63| 25| 83| 57| 90| 26|102| 69|515| 25|540|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M 110mH  A|  0|  5|  8|  0| 11|  7|  9|  6| 46|  7| 53|
|         B|  0|  6|  7|  0|  9|  0|  0|  5| 27| 10| 37|
|Cumulative| 63| 36| 98| 57|110| 33|111| 80|588| 42|630|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M 400mH  A|  8|  5|  6|  0|  9|  0| 11|  7| 46|  7| 53|
|         B|  3|  5|  4|  0|  6|  0|  7|  9| 34|  3| 37|
|Cumulative| 74| 46|108| 57|125| 33|129| 96|668| 52|720|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M 2000Sc A|  4| 11|  6|  0|  8|  5|  9|  7| 50|  3| 53|
|         B|  4|  7|  5|  0|  6|  0|  9|  0| 31|  6| 37|
|Cumulative| 82| 64|119| 57|139| 38|147|103|749| 61|810|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M DT     A|  6|  5|  7|  3|  8|  4|  9| 11| 53|  0| 53|
|         B|  3|  4|  5|  2|  6|  0|  9|  7| 36|  1| 37|
|Cumulative| 91| 73|131| 62|153| 42|165|121|838| 62|900|
|-----+-----+-----+-----+-----+-----+-----+-----+
|M HT     A|  9|  8| 11|  7|  4|  0|  5|  6| 50|  3| 53|
|         B|  0|  9|  5|  0|  6|  0|  7|  4| 31|  6| 37|
|Cumulative|100| 90|147| 69|163| 42|177|131|919| 71|990|
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*-----*																				
Team	B&B	NOR		E&H		HRW		SBH		SXN		WSE		W&E		POINTS				
		No's	1	11	2	22	3	33	4	44	5	55	6	66	7	77	8	88	Used	Waste
*-----*																				
M HJ	A	7.5	6	7.5	4.5	11	0	4.5	9	50	3	53								
	B	5	4	6	0	9	0	0	7	31	6	37								
Cumulative		112.5	100	160.5	73.5	183	42	181.5	147	1000	80	1080								
*-----*																				
M JT	A	8	5	4	6	7	0	11	9	50	3	53								
	B	6	2	3	4	7	0	9	5	36	1	37								
Cumulative		126.5	107	167.5	83.5	197	42	201.5	161	1086	84	1170								
*-----*																				
M LJ	A	11	9	4	7	6	3	8	5	53	0	53								
	B	6	5	4	0	7	0	9	3	34	3	37								
Cumulative		143.5	121	175.5	90.5	210	45	218.5	169	1173	87	1260								
*-----*																				
M PV	A	8	0	7	6	11	0	9	0	41	12	53								
	B	9	0	7	5	0	0	6	0	27	10	37								
Cumulative		160.5	121	189.5	101.5	221	45	233.5	169	1241	109	1350								
*-----*																				
M SP	A	6	8	7	4	5	3	9	11	53	0	53								
	B	7	4	5	0	0	0	6	9	31	6	37								
Cumulative		173.5	133	201.5	105.5	226	48	248.5	189	1325	115	1440								
*-----*																				
M TJ	A	6	3	9	11	8	5	7	4	53	0	53								
	B	6	0	0	9	0	0	7	5	27	10	37								
Cumulative		185.5	136	210.5	125.5	234	53	262.5	198	1405	125	1530								
*-----*																				
W 100m	A	8	3	9	4	7	5	11	6	53	0	53								
	B	5	3	9	2	7	0	6	4	36	1	37								
Cumulative		198.5	142	228.5	131.5	248	58	279.5	208	1494	126	1620								
*-----*																				
W 200m	A	7	5	9	0	11	6	8	4	50	3	53								
	B	4	5	9	0	7	6	3	2	36	1	37								
Cumulative		209.5	152	246.5	131.5	266	70	290.5	214	1580	130	1710								
*-----*																				
W 400m	A	9	5	8	3	6	4	11	7	53	0	53								
	B	5	9	7	0	4	0	6	3	34	3	37								
Cumulative		223.5	166	261.5	134.5	276	74	307.5	224	1667	133	1800								
*-----*																				
W 800m	A	6	3	8	7	11	5	9	4	53	0	53								
	B	5	0	6	0	4	7	9	3	34	3	37								
Cumulative		234.5	169	275.5	141.5	291	86	325.5	231	1754	136	1890								
*-----*																				
W 1500m	A	5	9	6	8	11	7	4	3	53	0	53								
	B	5	9	7	0	6	0	4	3	34	3	37								
Cumulative		244.5	187	288.5	149.5	308	93	333.5	237	1841	139	1980								
*-----*																				
W 3000m	A	5	7	11	0	9	0	8	6	46	7	53								
	B	6	7	0	0	9	0	5	0	27	10	37								
Cumulative		255.5	201	299.5	149.5	326	93	346.5	243	1914	156	2070								
*-----*																				

*-----*																					
Team	B&B	NOR		E&H		HRW		SBH		SXN		WSE		W&E		POINTS					
		No's	1	11	2	22	3	33	4	44	5	55	6	66	7	77	8	88	Used	Waste	Tot
*-----*																					
W 100mH	A	8			6			0		7		5		9		11		0	46	7	53
	B	5			6			0		0		7		0		9		4	31	6	37
Cumulative		268.5			213			299.5		156.5		338		102		366.5		247	1991	169	2160
*-----*																					
W 400mH	A	7			0		4		8		6		11		9		5	50	3	53	
	B	4			7		5		0		0		0		9		6	31	6	37	
Cumulative		279.5			220		308.5		164.5		344		113		384.5		258	2072	178	2250	
*-----*																					
W 1500Sc	A	8			4		11		0		9		5		7		6	50	3	53	
	B	0			0		0		7		0		9		0		6	22	15	37	
Cumulative		287.5			224		326.5		164.5		362		118		391.5		270	2144	196	2340	
*-----*																					
W DT	A	11			4		5		3		9		7		8		6	53	0	53	
	B	9			3		5		0		6		7		4		0	34	3	37	
Cumulative		307.5			231		336.5		167.5		377		132		403.5		276	2231	199	2430	
*-----*																					
W HT	A	5			9		6		3		11		7		8		4	53	0	53	
	B	6			3		5		1		4		9		7		2	37	0	37	
Cumulative		318.5			243		347.5		171.5		392		148		418.5		282	2321	199	2520	
*-----*																					
W HJ	A	7			4		11		5.5		5.5		8		3		9	53	0	53	
	B	5			4		3		0		6		8		2		8	36	1	37	
Cumulative		330.5			251		361.5		177		403.5		164		423.5		299	2410	200	2610	
*-----*																					
W JT	A	6			11		5		3		7		8		9		4	53	0	53	
	B	6			7		5		1		9		4		2		3	37	0	37	
Cumulative		342.5			269		371.5		181		419.5		176		434.5		306	2500	200	2700	
*-----*																					
W LJ	A	11			6		3		9		4		7		5		8	53	0	53	
	B	9			4		0		3		2		6		7		5	36	1	37	
Cumulative		362.5			279		374.5		193		425.5		189		446.5		319	2589	201	2790	
*-----*																					
W PV	A	9			5		6		4		0		11		8		7	50	3	53	
	B	0			0		7		0		0		9		0		0	16	21	37	
Cumulative		371.5			284		387.5		197		425.5		209		454.5		326	2655	225	2880	
*-----*																					
W SP	A	9			3		6		4		8		11		5		7	53	0	53	
	B	9			2		5		3.5		7		0		6		3.5	36	1	37	
Cumulative		389.5			289		398.5		204.5		440.5		220		465.5		336.5	2744	226	2970	
*-----*																					
W TJ	A	7			5		11		8		4		6		3		9	53	0	53	
	B	7			6		4		5		0		3		2		9	36	1	37	
Cumulative		403.5			300		413.5		217.5		444.5		229		470.5		354.5	2833	227	3060	
*-----*																					
W 4x1		11			5		9		0		8		6		7		4	50	3	53	
Cumulative		414.5			305		422.5		217.5		452.5		235		477.5		358.5	2883	230	3113	
*-----*																					
W 4x4		8			5		9		7		3		6		11		4	53	0	53	
Cumulative		422.5			310		431.5		224.5		455.5		241		488.5		362.5	2936	230	3166	
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|      Team| B&B | NOR | E&H | HRW | SBH | SXN | WSE | W&E |      POINTS      |
|      No's| 1 11| 2 22| 3 33| 4 44| 5 55| 6 66| 7 77| 8 88|Used Waste Tot|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|M 4x1     |    8|    3|   11|    7|    9|    5|    4|    6| 53| 0| 53|
|Cumulative|430.5| 313|442.5|231.5|464.5| 246|492.5|368.5|2989| 230|3219|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|M 4x4     |    6|    4|   11|    5|    7|    3|    9|    8| 53| 0| 53|
|Cumulative|436.5| 317|453.5|236.5|471.5| 249|501.5|376.5|3042| 230|3272|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|      Add|   35|   35|   35|   35|   35|   35|   35|   35| 0| 0| 0|
|subtract|    0|    0|    0|    0|    0|    0|    0|    0| 0| 0| 0|
|Cumulative|471.5| 352|488.5|271.5|506.5| 284|536.5|411.5|3042| 230|3272|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|      TOTALS|471.5| 352|488.5|271.5|506.5| 284|536.5|411.5|3042| 230|3272|
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Pos	Team	Points	Add	Sub	Total
1	Windsor, Slough, Eton, H'low	501.5	35	0	536.5
2	Shaftesbury Barnet H.	471.5	35	0	506.5
3	Enfield & Haringey AC	453.5	35	0	488.5
4	Blackheath & Bromley H&AC	436.5	35	0	471.5
5	Woodford Grn & Essex Lds	376.5	35	0	411.5
6	City of Norwich	317	35	0	352
7	The Saxons	249	35	0	284
8	Harrow AC	236.5	35	0	271.5

Used + add - sub = total	3042	280	0	3322
Unused points	230			230
(Used+unused)+add-sub=total	3272	280	0	3552

Team	1st	2nd	3rd	4th	5th	6th	7th	8th	1st	2nd	3rd	4th	5th	6th	7th	8th	
WSE A	9	11	6	4	0	4	2	2	B	9	8	5	2	2	1	3	0
SBH A	10	5	7	4	4	3	3	1	B	6	7	8	2	4	0	1	0
E&H A	7	7	6	4	6	2	4	1	B	4	8	2	9	4	2	1	0
B&B A	4	4	10	4	6	6	3	0	B	5	2	8	7	5	3	0	0
W&E A	2	6	2	6	9	2	8	1	B	4	2	5	6	4	5	2	0
NOR A	2	3	2	2	3	11	6	6	B	3	4	3	3	5	3	3	0
SXN A	3	1	2	6	4	7	2	6	B	3	2	2	0	1	2	1	0
HRW A	1	1	4	7	7	2	4	5	B	1	0	0	3	3	4	2	2

Men	Event	Women	Event
1 Windsor, Slough, Eton, H'low	275.5	1 Blackheath & Bromley H&AC	237
2 Shaftesbury Barnet H.	250	2 Windsor, Slough, Eton, H'low	226
3 Enfield & Haringey AC	232.5	3 Shaftesbury Barnet H.	221.5
4 Woodford Grn & Essex Lds	212	4 Enfield & Haringey AC	221
5 Blackheath & Bromley H&AC	199.5	5 The Saxons	188
6 City of Norwich	143	6 City of Norwich	174
7 Harrow AC	137.5	7 Woodford Grn & Essex Lds	164.5
8 The Saxons	61	8 Harrow AC	99