

Wasps Results

M> = Manual Wind Speed

Wasps L-Jump WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Alex Foster	WGEL	U11 M	04 .09 m	109
1	2	Henry Green	WGEL	U11 M	03 .74 m	112
1	3	Caitlin Hancock	WGEL	U11 F	03 .45 m	111
1	4	Leo Everitt	WGEL	U11 M	03 .38 m	101
1	5	Lawrence Foster	WGEL	U11 M	03 .12 m	110
1	6	Toby Taylor	WGEL	U11 M	03 .07 m	107
1	7	Zac Everitt	WGEL	U11 M	03 .02 m	102
1	8	Ethan Day	WGEL	U11 M	02 .87 m	113
1	9	Ted Goldenberg	WGEL	U11 M	02 .84 m	114
1	10	Daisy Sherrin	WGEL	U11 F	02 .75 m	106
1	11	Zoe Wright	WGEL	U11 M	02 .68 m	105
1	12	Marissa Higgs-Smith	WGEL	U11 F	02 .60 m	103
1	13	Faye Owers	WGEL	U11 F	02 .55 m	108
1	14	Joshua Worth	WGEL	U11 M	02 .29 m	116
1	15	Connie Barnes	WGEL	U11 F	02 .26 m	122
1	16	Eli Barnes	WGEL	U11 M	02 .15 m	123
1	17	Sophia Parker	WGEL	U11 F	02 .12 m	104

Wasps 600m WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Faye Owers	WGEL	U11 F	2 : 12 .59 secs	108
1	2	Zac Everitt	WGEL	U11 M	2 : 15 .36 secs	102
1	3	Lawrence Foster	WGEL	U11 M	2 : 19 .27 secs	110
1	4	Connie Barnes	WGEL	U11 F	2 : 20 .08 secs	122
1	5	Marissa Higgs-Smith	WGEL	U11 F	2 : 22 .06 secs	103
1	6	Zoe Wright	WGEL	U11 M	2 : 22 .13 secs	105
1	7	Ted Goldenberg	WGEL	U11 M	2 : 22 .24 secs	114
1	8	Sophia Parker	WGEL	U11 F	2 : 23 .93 secs	104
1	9	Joshua Worth	WGEL	U11 M	2 : 53 .57 secs	116
1	10	Eli Barnes	WGEL	U11 M	2 : 53 .58 secs	123

Wasps 600m WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Oliver Brown	WGEL	U11 M	2 : 01 .75 secs	119
2	2	Sebastian Reid	WGEL	U11 M	2 : 04 .32 secs	118
2	3	Autumn LeChevalia	WGEL	U11 F	2 : 05 .24 secs	117
2	4	Toby Taylor	WGEL	U11 M	2 : 05 .92 secs	107
2	5	Caitlin Hancock	WGEL	U11 F	2 : 06 .45 secs	111
2	6	Leo Everitt	WGEL	U11 M	2 : 09 .11 secs	101
2	7	Henry Green	WGEL	U11 M	2 : 09 .55 secs	112
2	8	Azzurra Cioni	WGEL	U11 F	2 : 18 .99 secs	120
2	9	Daisy Sherrin	WGEL	U11 F	2 : 19 .96 secs	106
2	10	Ethan Day	WGEL	U11 M	2 : 30 .25 secs	113

Wasps 75m

WGEL Graded

09-Jul-19

w/s

-0.7 M/S

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Eli Barnes	WGEL	U11 M	13 .50 secs	123
1	2	Joshua Worth	WGEL	U11 M	13 .93 secs	116
1	3	Marissa Higgs-Smith	WGEL	U11 F	14 .05 secs	103
1	4	Zoe Wright	WGEL	U11 M	14 .17 secs	105
1	5	Sophia Parker	WGEL	U11 F	14 .20 secs	104
1	6	Louis Goldenberg	WGEL	U11 M	15 .94 secs	115

Wasps 75m WGEL Graded 09-Jul-19 w/s -1.7 M/S

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Lawrence Foster	WGEL	U11 M	12 .36 secs	110
2	2	Faye Owers	WGEL	U11 F	12 .92 secs	108
2	3	Connie Barnes	WGEL	U11 F	13 .62 secs	122
2	4	Daisy Sherrin	WGEL	U11 F	14 .23 secs	106
2	5	Ethan Day	WGEL	U11 M	14 .76 secs	113

Wasps 75m WGEL Graded 09-Jul-19 w/s -1.1 M/S

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Caitlin Hancock	WGEL	U11 F	11 .60 secs	111
3	2	Ishana Malcolm	WGEL	U11 F	12 .22 secs	121
3	3	Azzurra Cioni	WGEL	U11 F	12 .30 secs	120
3	4	Toby Taylor	WGEL	U11 M	12 .60 secs	107
3	5	Leo Everitt	WGEL	U11 M	12 .63 secs	101
3	6	Autumn LeChevalia	WGEL	U11 F	12 .82 secs	117
3	7	Oliver Brown	WGEL	U11 M	13 .24 secs	119

100m Results

M> = Manual Wind Speed

100m WGEL Graded 09-Jul-19 W/S -0.7 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Aara Snofiurraman	Benfleet Running Club	U15 F	14 .54 secs	15
1	2	Andre Dahlkamp	VPH&THAC	V45 M	14 .65 secs	34
1	3	Malakai Bowr-Foster	WGEL	U13 M	14 .86 secs	30
1	4	Sarah Cadji	EMAC	S F	15 .08 secs	38
1	5	Talia Woolf	WGEL	U13 F	16 .01 secs	35
1	6	Abbie Clark	Benfleet Running Club	U17 F	16 .16 secs	14
1	7	Maya McNelis	WGEL	U13 F	16 .47 secs	27
1	8	Keira Bellas	Orion Harriers	U13 F	18 .39 secs	4

100m WGEL Graded 09-Jul-19 W/S -0.8 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Stephanie Okoro	Havering	U15 F	13 .16 secs	13
2	2	Rhianna Buaku	WGEL	U20 F	13 .56 secs	17
2	3	Levania Ugonna Mba	WGEL	U15 F	13 .62 secs	37
2	4	Temi Olusesan	WGEL	U20 F	13 .73 secs	24
2	5	Cassie Campbell	Havering	U13 F	14 .09 secs	7
2	6	Tiya Canning	WGEL	U15 F	14 .20 secs	36
2	7	Kaesi Okoro	Havering	U13 M	14 .55 secs	12
2	8	Naomi Olubodun	WGEL	U17 F	14 .90 secs	25

100m WGEL Graded 09-Jul-19 W/S -0.2 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Kyle Beeton	Unattached	U17 M	12 .42 secs	19
3	2	Shona Vincent	WGEL	U15 F	12 .63 secs	10
3	3	Dylan Styles	WGEL	U17 M	12 .64 secs	22
3	4	Alan James	WGEL	V40 M	12 .83 secs	6
3	5	Neil Kirkham	Unattached	S M	13 .18 secs	28
3	6	Matthew Squire	WGEL	U13 M	13 .30 secs	39
3	7	Paris King	Havering	U15 F	13 .40 secs	9

100m WGEL Graded 09-Jul-19 W/S -1.0 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
4	1	Simon Carty	Ryston Runners	S M	11 .90 secs	18

4	2	Michael Okoro	Havering	U17 M	12 .03 secs	11
4	3	Al-Ameen Salaam	Havering	U13 M	12 .45 secs	8
4	4	Roshaun Edwards	WGEL	U17 M	12 .52 secs	31

100m WGEL Graded 09-Jul-19 W/S -1.0 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
5	1	Lord Owusu	Enfield & Haringey	S M	11 .36 secs	2
5	2	Tobi Esah	VPH&THAC	S M	11 .50 secs	20
5	3	Umar Hameed	Sale	S M	11 .51 secs	98
5	4	Joba Ashiru	WGEL	U17 M	11 .73 secs	26
5	5	Aiden Fernando	WGEL	U17 M	11 .76 secs	21
5	6	Ridwan Salaam	Unattached	U15 M	12 .23 secs	23

100m WGEL Graded 09-Jul-19 W/S -1.0 m/s

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
6	1	Rion Pierre Forde	WSEH	S M	10 .69 secs	1
6	2	Omololu Abiodun	WGEL	S M	10 .86 secs	3
6	3	Akwasi Banahen	Enfield & Haringey	U17 M	11 .11 secs	33
6	4	Sahid Diallo	Newham & Essex Beagles	S M	11 .25 secs	16
6	5	Sikiru Onigbanjo	WGEL	U17 M	11 .33 secs	32
6	6	Merveilles Massembo	WGEL	U17 M	11 .58 secs	29

400m Results

400m WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Andrew Jones	London Heathside	V50 M	1 : 01 .49 secs	86
1	2	Andre Dahlkamp	VPH&THAC	V45 M	1 : 03 .10 secs	34
1	3	Amy Rutherford	Highgate Harriers	S F	1 : 04 .57 secs	70
1	4	Simon Le Mare	Southend AC	V55 M	1 : 06 .44 secs	95
1	5	Verity Garcia	Orion Harriers	U15 F	1 : 06 .59 secs	66
1	6	Cara O'Donnell-Roberts	Orion Harriers	U15 F	1 : 07 .32 secs	48
1	7	Zak Woolf	WGEL	U15 M	1 : 07 .59 secs	93
1	8	Bradley Brown	Ilford AC	V40 M	1 : 29 .58 secs	99

400m WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Wole Odele	Cambridge Harriers	V50 M	57 .69 secs	45
2	2	Seve Blanco	WGEL	U15 M	57 .90 secs	49
2	3	Rosa Prideaux	Chelmsford AC	S F	58 .54 secs	96
2	4	Neil Kirkham	Unattached	S M	59 .13 secs	28
2	5	Matthew Preston	Cambridge Harriers	V45 M	1 : 01 .00 secs	175
2	6	Alice Hunter	VPH&THAC	S F	1 : 02 .19 secs	146
2	7	Louise Gilbert	WGEL	U20 F	1 : 03 .16 secs	73

400m WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Drew Burridge	Reigate Priory	U17 M	53 .04 secs	65
3	2	Jordan Andrew	Newham & Essex Beagles	S M	53 .91 secs	129
3	3	Krasimir Kehayov	Unattached	S M	53 .91 secs	141
3	4	Dami Ajiboye	Unattached	U20 M	54 .96 secs	76
3	5	Ben Bloom	London Heathside	U20 M	55 .87 secs	90

400m WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
4	1	Akeem Akintokun	Havering	S M	50 .40 secs	127
4	2	Will Oyowe	Newham & Essex Beagles	S M	50 .74 secs	40
4	3	Louis Menzies Walker	VPH&THAC	U20 M	51 .03 secs	92
4	4	Rashaan Stewart	Orion Harriers	S M	51 .27 secs	5

1500m Results

1500m WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Bronya Overington	WGEL	U15 F	5 : 37 .19 secs	136
1	2	Emily Millward	WGEL	U13 F	5 : 40 .39 secs	157
1	3	Lucia De Cristofano	Benfleet Running Club	U15 F	5 : 41 .67 secs	125
1	4	Ollie Conners	Benfleet Running Club	U13 M	5 : 44 .01 secs	140
1	5	Katie Stringer	Medway & Maidstone AC	U15 F	5 : 53 .93 secs	72
1	6	Marco Bunotta	Unattached	U15 M	5 : 54 .94 secs	79
1	7	Abbie Hoult	Orion Harriers	U13 F	5 : 55 .58 secs	41
1	8	India Emery	Orion Harriers	U17 F	6 : 10 .86 secs	88
1	9	Keira Bellas	Orion Harriers	U13 F	6 : 25 .17 secs	4

1500m WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
2	1	Steven Stanley	Eastern Masters	V55 M	5 : 10 .64 secs	143
2	2	Oscar Emery	Orion Harriers	U13 M	5 : 15 .65 secs	89
2	3	Rosie Vallance	Thames Valley Harriers	U20 F	5 : 19 .41 secs	144
2	4	Jessica Adams	WGEL	U17 F	5 : 21 .28 secs	97
2	5	Sophie Foot	Orion Harriers	U15 F	5 : 23 .15 secs	81
2	6	Nigel Lambert	Wymondham AC	V60 M	5 : 24 .05 secs	124
2	7	Molly Sherrin	WGEL	U13 F	5 : 27 .38 secs	150
2	8	Joseph Gray	Havering	U13 M	5 : 30 .66 secs	91
2	9	Georgina Warren	WGEL	S F	5 : 31 .84 secs	74
2	10	Rebecca O'Rourke	Havering	U17 F	5 : 47 .18 secs	147

1500m WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
3	1	Cordelia Parker	Abingdon AC	S F	4 : 51 .88 secs	94
3	2	Oliver Taylor-Bush	Havering	U13 M	4 : 55 .04 secs	85
3	3	Archie Conners	Benfleet Running Club	U17 M	4 : 56 .13 secs	139
3	4	Benjamin Woolf	Trent Park	U17 M	4 : 56 .65 secs	83
3	5	Ronan Edwards	WGEL	U15 M	4 : 59 .13 secs	128
3	6	Matilda Canty	Havering	U15 F	5 : 02 .32 secs	149
3	7	Christopher Richardson	WGEL	U15 M	5 : 03 .41 secs	126
3	8	Sophia Sahai	Herne Hill Harriers	U13 F	5 : 04 .03 secs	161
3	9	Joseph Grange	Iford AC	U13 M	5 : 04 .20 secs	78
3	10	Eddie De Souza	Orion Harriers	U13 M	5 : 08 .67 secs	87
3	11	Megan Slattery	Blackheath & Bromley	U13 F	5 : 08 .95 secs	137
3	12	Ian Budge	Billericay Sriders	V50 M	5 : 13 .68 secs	84

1500m WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
4	1	James Stewart	Havering	S M	4 : 14 .54 secs	131
4	2	Jonny Brook	St Mary's Richmond AC	U17 M	4 : 15 .39 secs	134
4	3	Raul Simmons Perez	Trent Park	S M	4 : 16 .15 secs	142
4	4	Kieran O'Hara	Havering	S M	4 : 21 .47 secs	130
4	5	Arturo Martinez de Murguia	Reading AC	S M	4 : 25 .48 secs	138
4	6	Jade Davis-Black	London Heathside	U15 M	4 : 35 .30 secs	42
4	7	Ryan Holeyman	Iford AC	U15 M	4 : 40 .36 secs	43
4	8	Matthew Woolf	Trent Park	U17 M	4 : 40 .61 secs	82
4	9	Reuben Fabian	WGEL	U15 M	4 : 42 .94 secs	168
4	10	Ronan Longman-Young	Benfleet Running Club	U15 M	4 : 50 .88 secs	148
4	11	Stephanie Okoro	Havering	U15 F	4 : 58 .29 secs	13
4	12	Georgia Tuckfield	Aldershot Farnham & District	S F	4 : 59 .73 secs	132

3000m Results

3000m

WGEL Graded

09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Ben Peck	Thetford AC	U15 M	9 : 09 .52 secs	47
1	2	Jak Wright	Ilford AC	U17 M	9 : 27 .10 secs	77
1	3	Joshua Slingsby	London City AC	S M	9 : 41 .64 secs	63
1	4	Bradley Deacon	Ilford AC	U17 M	9 : 44 .37 secs	61
1	5	Barnaby Foot	Orion Harriers	V45 M	9 : 58 .91 secs	80
1	6	Luke Stringer	Medway & Maidstone AC	U17 M	10 : 07 .59 secs	71
1	7	Andre Dahlkamp	VPH&THAC	V45 M	10 : 13 .79 secs	34
1	8	Arthur Ansell	Orion Harriers	U15 M	10 : 21 .57 secs	62
1	9	James Duffield	Benfleet Running Club	U20 M	10 : 25 .62 secs	145
1	10	Matthew Preston	Cambridge Harriers	V45 M	10 : 30 .35 secs	175
1	11	Antonia Jubb	St Albans Athletics Club	U15 F	10 : 32 .78 secs	46
1	12	Christina Durbin	St Albans Athletics Club	U17 F	10 : 55 .70 secs	133
1	13	Danny Holeyman	Ilford AC	S M	10 : 59 .95 secs	44
1	14	Nigel Lambert	Wymondham AC	V60 M	11 : 48 .38 secs	124

3Km Walk Results

3Km Walk WGEL Graded 09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Luc Legon	Bexley	U23 M	12 : 56 .30 secs	467
1	2	Matthew Crane	Bexley	U20 M	13 : 46 .00 secs	469
1	3	David Annetts	NHRR	V50 M	13 : 49 .60 secs	454
1	4	Madeline Shott	Belgrave	S F	14 : 09 .50 secs	464
1	5	Francisco Reis	SWC	V55 M	15 : 13 .30 secs	453
1	6	Melanie Peddle	Loughton AC	V50 F	16 : 44 .20 secs	461
1	7	Emma Dyos	Ilford AC	V40 F	17 : 01 .40 secs	460
1	8	Hannah Hopper	Cambridge Harriers	U17 F	17 : 12 .70 secs	471
1	9	Silvana Alves	Barnet & district	V45 F	17 : 52 .70 secs	463
1	10	Stuart Bennett	Ilford AC	V60 M	17 : 54 .00 secs	459
1	11	Steve Allen	Barnet & district	V60 M	18 : 13 .20 secs	468
1	12	Hannah Atkinson	Cambridge Harriers	U15 F	18 : 37 .90 secs	466
1	13	Rachel Lawless	Ilford AC	V55 F	18 : 57 .50 secs	458
1	14	John Borgars	Loughton AC	V70 M	20 : 33 .60 secs	455
1	15	Lesley Morris	Ilford AC	V55 F	20 : 40 .80 secs	457
1	16	Geraldine Legon	Bexley	V60 F	21 : 28 .70 secs	465
1	17	Simon Le Mare	Southend AC	V55 M	21 : 52 .60 secs	472
1	18	John Brock	Southend AC	V65 M	22 : 37 .80 secs	470

Field Events Results

Javelin

WGEL Graded

09-Jul-19

Event	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Joe Hirst	St Albans Athletics Club	U20 M	48 .16 m	153
1	2	Oliver Yexley	Havering	U15 M	46 .44 m	158
1	3	Jack Levene	Enfield & Haringey	U17 M	45 .46 m	163
1	4	Marlene Araujo	WGEL	S F	42 .25 m	160
1	5	Sylvia Cruz	WGEL	S F	42 .09 m	165
1	6	Patrick Mclean-Tattan	Havering	U15 M	38 .97 m	171
1	7	Peanut Meekings	Horsham	U17 F	34 .62 m	151
1	8	Matthew Page	Havering	U15 M	30 .37 m	154
1	9	Ellie Marklew	Harlow AC	U15 F	26 .21 m	174
1	10	Joel Hutton	Havering	U15 M	26 .02 m	169
1	11	Michael Tesi	Havering	U13 M	25 .82 m	156
1	12	Brogan Sweeney-Mcintosh	Newham & Essex Beagles	U15 F	22 .76 m	155
1	13	Natalie Sewell	Havering	U15 F	22 .49 m	172
1	14	Oscar Bennett	Unattached	U13 M	21 .28 m	152
1	15	Toshiro Maeda	WGEL	U13 M	20 .68 m	166
1	16	Reuben Fabian	WGEL	U15 M	19 .85 m	168
1	17	Molly Wain	WGEL	U13 F	16 .19 m	167
1	18	Charlie Brook	St Mary's Richmond AC	U13 M	16 .13 m	173
1	19	Sophia Sanai	WGEL	U13 F	14 .48 m	161
1	20	Emily Millward	WGEL	U13 F	09 .40 m	157

Discus

WGEL Graded

09-Jul-19

Race No.	Place	Athlete	Club	Age Group - NK is Not Known	Performance	ID No.
1	1	Christopher Linque	WGEL	S M	43 .75 m	69
1	2	Devon Douglas	WGEL	S M	39 .03 m	60
1	3	Patrick Mclean-Tattan	Havering	U15 M	38 .53 m	171
1	4	Precious Hamilton	WGEL	U20 F	36 .50 m	68
1	5	Abi Allen	WGEL	U20 F	29 .82 m	64
1	6	Hannah Yexley	Havering	U15 F	28 .65 m	159
1	7	Mo Oyelola	Newham & Essex Beagles	S M	26 .03 m	67
1	8	Mia Edwards	West suffolk	U15 F	24 .29 m	164
1	9	Michael Tesi	Havering	U13 M	23 .90 m	156
1	10	Zoe Mclean-Tattan	Havering	U13 F	20 .57 m	170
1	11	Matthew Page	Havering	U15 M	17 .76 m	154
1	12	Charlie Brook	St Mary's Richmond AC	U13 F	16 .41 m	173
1	13	Natalie Sewell	Havering	U15 F	13 .44 m	172